

Sunshine Place at Riverside

Nursing and Rehabilitation Center, LLC

4700 NW Cliff View Drive • Riverside, MO 64150 • (816) 741-5105

Our Leadership Team

Jennifer Jennings	Executive Director
Melissa Blair	Director of Nursing
Kell Lhommedieu	Asst. Director of Nursing
Nikki Anderson	Sunshine Coordinator
Layonda Reed	Admissions Coordinator
Tammy McCleary	Social Service Director
Deanna Duncan	Social Service/Admissions
Adrianna Gatson	Director of Rehab
Tonya Mayes	Dietary Manager
Kaylen Roth	Housekeeping/Laundry
Raiph Conklin	Maintenance Director

**Accepting Medicaid, Medicaid
Pending, Long-Term Care Insurance
and Private Pay**



New Year's Wishes

From our home to yours, we'd like to wish everyone a Happy New Year! We hope that the next 12 months are filled with family, friends, fun and good fortune.

January 2024



Friends, Bessie Edwards & Marilyn Benet

Oh Christmas Tree

What fun we had decorating our Christmas tree. Our residents have decorated so many trees over so many years. Everyone had their own traditions and styles. The holiday season brings many memories.

Gingerbread House Project

Dec 12th is National Gingerbread House Day and we built one for us. Chatter, laughter and concentration was in the air that afternoon. What fun to do a Christmas tradition. Is this something you do in your household every holiday season? It has been made so easy now, just pick up the kits in a local store and let your imagination flow.



Marilyn Benet takes a turn at adding her touches!



Make Someone's Day
Jan. 24 is National Compliment Day.



Neila Gelvin



Patricia Allen, "I can finish my nap later, I want to hang ornaments," said Patricia



Mary Wescott

Socks for Seniors

Just like a warm and cozy pair of socks can lift your spirits on a dreary day, the right type of sock can increase mobility, independence and overall quality of life, especially for older adults. Step into the world of senior-friendly socks:

Non-slip socks. Also called non-skid or grip socks, these help prevent the wearer from falling. The soles have rubber or silicon treads that grip the floor and provide balance.

Compression socks. Because these socks have a tighter fit, they apply gentle pressure on the calves, supporting healthy circulation and reducing swelling. Compression socks are especially useful for those who sit for long periods of time.

Cushioned socks. This type of sock has extra padding built in, which provides comfort to sore or injured joints—helping people with arthritis, plantar fasciitis and other types of foot pain move around more easily.

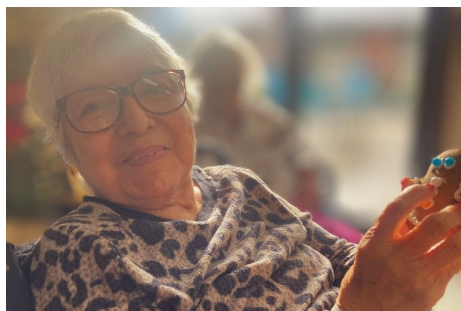
Diabetic socks. Foot protection is essential to people with diabetes. The condition can impair wound healing, as well as make injuries less noticeable due to neuropathy (tingling or numbness) in the feet. Diabetic-friendly socks are usually seamless, to reduce friction when wearing shoes; breathable, to keep feet free from infections; and cushioned, to protect against injury.



RESIDENT BIRTHDAYS

Ruth Lamont

Jan 30



Mary Westport shares some Christmas cheer with her bright smile!



Celebrating a birthday! Pictured is the birthday girl, Bessie Edwards, and friend, Marilyn Benet

Decorating Christmas Stockings

What fun we had! "And the stockings were hung by the chimney with care."



A favorite for sure, no matter where you go! BINGO



Kimberly Price & Neila Gelvin

TO LOVE A PERSON IS
TO LEARN THE SONG
IN THEIR HEART, AND
SING IT TO THEM
WHEN THEY HAVE
FORGOTTEN.

-Arne Garborg



Patricia Allen in the nursery

Bundle Up!

❄️ Winter is Here ❄️

