

Riverside

Nursing and Rehabilitation Center, LLC

4700 NW Cliff View Drive • Riverside, MO 64150 • (816) 741-5105

Riverside Nursing & Rehabilitations Leadership Team

Jennifer Jennings Executive Director
Christina Director of Nursing
Layonda Reed Admissions Coordinator
Tammy McCleary Director of Social Services
Deanna Duncan Social Services Asst.
Justin Fricke Director of Rehabilitation
Jeania Davis MDS
Jennifer Trout Human Resources Director
Debbie Walter Director of Medical Records
Alexis Duncan Activities Director
Ilse Wilson Activities Asst.
Kaelyn Routh Housekeeping/Laundry Supv.
Tonya Mayes Director of Dietary
Rosella Hagar Business Office Manager
Don Newman Maintenance Director
Howard Wilcox Maintenance Asst.

November 2022

Winter Clothing Essentials

It's officially getting cooler outside which means it's time to break out our coats and sweaters. If you are bringing in those winter clothing essentials for your loved one, please be sure to take those summer clothes home with you! This is in an effort to keep our facility looking tidy! If you need those coats and sweaters labeled for your loved one, our Nursing and Housekeeping staff will gladly assist you. Our residents have a limited amount of space to store items, and we are trying to keep the facility clutter to a minimum. Again, please refrain from bringing in unessential items or items of value.

Holiday Food Containers

It's that time of year to enjoy loads of holiday goodies. You are welcome to bring your loved one in all the holidays goodies! We please just ask that all food be stored in Tupperware containers or any safe food container. This is to ensure all food brought into the facility is properly stored and safe. We appreciate your cooperation to keep our facility pest free.



HAPPY
Thanksgiving

Happy Birthday, Riverside Residents!!

Resident Birthdays
November 2022
11/01 Laurie D.
11/01 Mary V.
11/04 James C.
11/05 Christy L.
11/12 Sinclair T.
11/13 Craig B.
11/17 Roberta S.
11/21 Rodney S.
11/22 Carl D.

Happy Birthday to Our Employees

November Birthdays
11/01 Vernon W.
11/05 Steven M.
11/07 Danielle J.
11/15 Jennifer M.
11/25 Seana H.
11/29 Ilse W.
11/30 Donald N.



Resident Inventory Reminder

Friendly reminder to all our Residents and Family members.

We'd like to share a reminder to all our Residents and Family members. We strive to keep resident belongings safe and secure. To be successful, we ask for your help. Upon admission, we ask that you help us complete an inventory of all clothing and personal items that come with or are brought in for the Resident. All items need to be labeled with the resident's name. We can assist with providing a permanent marker for labeling. Housekeeping or nursing will gladly assist you with this task. We would also like to ask that if at any time, such as change of season, birthdays, or other holidays, anything additional is gifted or items are brought in for the resident, you contact housekeeping or nursing staff to add such items to the resident's inventory sheet. The same holds true for anything taken from the facility, such as changing out seasonal clothing. Please let staff know so that the items can be removed from the inventory sheet. Thank You!

Please also note that we do not encourage any resident keep more than \$2-\$3 on them. We offer a resident trust fund where the business office can keep available cash safe but accessible for them. This is the best practice! Thank You!

Front Desk!!

Please know we still require face masks and temperature checking when you enter the building.

COVID Guidelines

As the COVID-19 pandemic continues, we are following recommendations from the Centers for Disease Control and Prevention and our national, state and county leaders. These guidelines may affect office hours as well as policies regarding face masks and temperature checks. We appreciate your patience as we adjust our practices as necessary, and we continue to ask for your cooperation to help keep our community safe. Thank you!

Face Mask Policy

When visiting our community, please wear a face mask and make sure it covers your nose and mouth. Wearing a mask reduces the risk of spreading infection and helps protect our residents and staff. Thank you for your cooperation.



Word for November: Service

Each year, on Nov. 11, we celebrate Veterans Day by honoring the courageous men and women of the military for their service to our country. Merriam-Webster defines service as “contribution to the welfare of others.” You can follow our service members’ example and find ways to make the community a better place. Volunteer at a school or charitable organization. Pick up litter around the neighborhood. Or simply reach out to friends and neighbors who may need a helping hand and a smiling face.

Word for November: Thankful

This Thanksgiving, at tables across the country, friends and families will sit down and enjoy a bountiful meal together. Yet the holiday means more than having a delicious dinner. It’s also a day to express thanks—to be thankful for our freedom, our loved ones and our lives, as well as mindful of the ways we are blessed, not just on Thanksgiving, but each and every day of the year.



A Seasonal Squash

With green and orange skin and a nutty flavor, acorn squash makes a festive appearance on many fall tables. Though the vegetable is more closely related to zucchini and other summer squash varieties, it’s treated as a winter squash, meaning it has matured fully on the vine so it can be stored long-term. Historians say acorn squash was one of the first crops to be cultivated by Native Americans, who made it a staple of their diet.

Stuffing or Dressing?

You say “stuffing.” I say “dressing.” Thanksgiving turkey’s savory side dish goes by two names. What you call it probably has more to do with where you grew up than whether the mixture is served inside or outside the bird. Generally residents of the northern U.S. say stuffing, while Southerners tend to call it dressing. One theory is that the word “dressing” is more palatable to genteel Southern sensibilities than the graphic-sounding “stuffing.”

Wit & Wisdom

“With every deed you are sowing a seed, though the harvest you may not see.”
—Ella Wheeler Wilcox

“We are each other’s harvest; we are each other’s business; we are each other’s magnitude and bond.”
—Gwendolyn Brooks

“Your talent is a seed; cultivate it, and in no time, you will harvest success.”
—Matshona Dhliwayo

“The law of harvest is to reap more than you sow. Sow an act and you reap a habit. Sow a habit and you reap a character. Sow a character and you reap a destiny.”
—James Allen

“Every thought is a seed. If you plant crab apples, don’t count on harvesting Golden Delicious.”
—Bill Meyer

“Care less for your harvest than for how it is shared, and your life will have meaning and your heart will have peace.”
—Kent Nerburn

“I am in love with this world ... I have tilled its soil, I have gathered its harvest, I have waited upon its seasons, and always have I reaped what I have sown.”
—John Burroughs



Car of the Year

Every November, Motor Trend magazine selects the winner of its Car of the Year title. Drive into this list of some of the past recipients.

<u>Year</u>	<u>Car</u>
1958	Ford Thunderbird
1967	Mercury Cougar
1979	Buick Riviera S
1985	Volkswagen GTI
1990	Lincoln Town Car
1996	Dodge Caravan
2001	Chrysler PT Cruiser
2006	Honda Civic
2013	Tesla Model S
2021	Mercedes-Benz E-Class

"This Month In History"

NOVEMBER

1876: Yale defeats Princeton in the first college football game played on Thanksgiving.

1935: Departing from San Francisco, the China Clipper seaplane carries over 110,000 pieces of mail across the Pacific Ocean, arriving in the Philippines seven days later. The completion of the voyage marked the beginning of trans-Pacific airmail service and travel.

1945: The super-strong, spunky girl with the mismatched socks is introduced to readers when

Astrid Lindgren's book "Pippi Longstocking" is published in Sweden.

1963: Priced at \$15.95, the Easy-Bake Oven debuts in toy stores. Half a million of the mini appliances were sold during the first year.

1982: The first Honda Accord rolls off the assembly line in Marysville, Ohio, making Honda the first Asian automaker to manufacture cars in the U.S.

1993: A football record is set when the Miami Dolphins defeat the Philadelphia Eagles, crowning head coach Don Shula the winningest coach in NFL history.

2005: Angela Merkel is sworn in as the first female chancellor of Germany.

2019: The iconic black leather outfit worn by Olivia Newton-John in the 1978 film "Grease" is auctioned off for \$405,700, with 100% of the proceeds donated to the actress' cancer research organization.